

# Team Artarmon saves 93 lives

by Robert Newman

After my article in the May 2008 Gazette, the results are in for "Team Artarmon" in the Chatswood Blood Bank's Club Red Program for the 2008/09 year.

After a blood draining final quarter "Team Artarmon" managed to gouge their way into 9th position in the closely fought Club Red challenge with a score of 31. While the top position was taken by the team from HMAS Waterhen with 100 donations, positions 6 to 10 had scores of 33 to 30. I suspect that HMAS Waterhen may have had more members in their team as there is no limit to team size.

The success of "Team Artarmon" can be attributed to one member who was a plasma donor so managed to contribute over 20 to the final score and 7 donations from friends who live outside of Artarmon.

The 2009/10 round has now commenced so fresh blood is more than welcome. All you need to do is walk into the Blood Bank at Chatswood which is located in Albert Street and less than an hour later you leave. If you are an existing donor you will be used to this and just need to fill in a slip telling them that your donation is for "Team Artarmon". If you don't have an appointment or it is your first donation it might take a little longer. If you have never donated before you will be asked some questions to ensure the quality of the blood supply.

Blood can be donated every 12 weeks and Plasma can be donated every 2-3 weeks.

The Blood Bank has a saying that every donation helps save 3 lives so if you donate every 12 weeks that is 1 life every 4 weeks.

As I said last year "Will you save a life this year?"